

FAQS

? WHAT IS THE SPONSORED GOLF MARATHON?

The Sponsored Golf Marathon is a fundraising challenge where you play 4 rounds of golf (72 holes) in your own way, at your own pace, and at a location that suits you! It's all in aid of raising vital funds for Lincs & Notts Air Ambulance.

? WHO CAN TAKE PART IN THE CHALLENGE?

To register for this challenge and set up a fundraising page, you need to be 18 years or above. Under 18s are more than welcome to join the challenge accompanied by an adult.

? WHEN DOES IT TAKE PLACE?

It's completely flexible! You can take part any time between May and September 2025. Just pick your date, register for your fundraising pack, and get swinging!

? HOW DO I SIGN UP?

Simply register for our free fundraising pack via our website. It contains everything you need to get started: a step-by-step guide, sponsorship form, scorecard, and more.

A printed fundraising pack will be sent to the first 50 teams who register to take part, with a small gift as an incentive to be amongst the first who sign up!

A digital copy of the pack will be sent to registered teams once all paper packs have gone.

? HOW MANY HOLES DO I HAVE TO PLAY?

The full Golf Marathon is playing 72 holes in one day, or you may choose to complete 2 rounds (36 holes) a day over a weekend.

We suggest something challenging but achievable — and don't forget to tell your supporters what you're aiming for!

? IS THERE A REGISTRATION FEE?

Nope – it's completely free to take part. We just ask that you try to raise at least £150 per person, or £600 as a team, which helps us continue delivering life-saving care across Lincolnshire & Nottinghamshire.



LINCS & NOTTS
AIR AMBULANCE



FAQS

? CAN WE FUNDRAISE AS A TEAM?

Absolutely! The target on your fundraising page will be set at £600 for the team, which is £150 per person. Share your ideas, get creative, and fundraise as much as you can for LNAA! Putt your way to the top of our fundraising leaderboard over summer 2025 and win our Team challenge prize!

? DO I HAVE TO TRACK MY PROGRESS?

Not officially, but it's great for motivation and sharing your progress with supporters. Use our scorecard in the pack or a golf scoring app to stay on top of your goal.

? CAN I SHARE MY CHALLENGE ON SOCIAL MEDIA?

Yes please! We'd love to see your photos, videos, and updates. Tag us across our social media platforms and use #OnParForACause so we can cheer you on! Join our Golf Marathon Facebook Group to meet the community of people who are taking on the challenge alongside you. Share photos, swap fundraising tips, and support each other whilst doing something amazing!

? WHEN WILL I RECEIVE MY GOLF POLO T-SHIRT?

As long as your team have reached 25% of your fundraising target (£150) before your golf marathon day, we will send you our LNAA Golf Polo t-shirt to wear proudly around the course.

? WHERE CAN I PLAY?

Anywhere! You can take part at your local golf course or a course that is new to you. We recommend you call the club in advance to discuss your charity challenge to make sure you are not clashing with an existing event at the venue. They may be also able to help you with a waiver or reduction in green fees.

Please note, Golf Club Green Fees are not included within the challenge and each golfer is responsible to cover the cost of their own green fees at their chosen venue.

? HOW DO I RAISE MONEY?

We'll set you up with a fundraising page when you register so you can start spreading the word and raising funds.

Share your page with friends, family, and colleagues. Use ideas from our pack like raffles, sweepstakes, or clubhouse events to boost donations!

NEED SUPPORT?

We're here to help you every step of the way!

Join the challenge Facebook group: [facebook/groups/LNAAgolfmarathon](https://www.facebook.com/groups/LNAAgolfmarathon)

Email: challenges@ambucopter.org.uk

Phone: 01522 548468 Website: ambucopter.org.uk

Lincs & Notts Air Ambulance Headquarters
HEMS Way
Lincoln LN4 2GW

Registered Charity: 1017501



LINCS & NOTTS
AIR AMBULANCE

