

# SKY SHOUT

ISSUE 05 | SPRING 2024  
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## CELEBRATING 30 YEARS

We have a very special  
opportunity for our most  
valuable supporters.  
Find out more on page 8.



LINCS & NOTTS  
AIR AMBULANCE

30  
YEARS

1994 - 2024



1994 Bölkow helicopter

PLUS:

### MISSION UPDATES

See what a week in the life  
of our busy crew looks like.

### 30 YEARS OF CARING

Hear remarkable stories from  
patients across the years.



LINCS & NOTTS  
AIR AMBULANCE  
SAVING LIVES EVERYDAY



# CHALLENGE EVENTS 2024

Push yourself to the limit with one of our #teamhelimed29 challenges.

9 JUNE - LNAA SKYDIVE DAY

Push yourself out of your comfort zone and take on a tandem skydive from 10,000ft. Flying through the clouds at 120mph, you will have a truly unforgettable experience whilst raising vital funds for LNAA.



27 JUNE - CYCLE THE C2C2C

Enjoy cycling 100 miles through some of Lincolnshire's beautiful countryside as you journey from the medieval city of Lincoln to the coast and back again as part of #teamhelimed29.



6 JULY - PEAK DISTRICT ULTRA CHALLENGE

Set off from Bakewell with 2,000 adventurers and test yourself to the limit running 100km in the fabulous Peak District National Park taking in some of Derbyshire's finest scenery. Shorter challenges from 25km upwards also available.



4 AUGUST - NOTTINGHAM DRAGON BOAT RACE

Get your team, grab your oars and paddle your dragon boat to victory in Nottinghamshire's wettest summertime challenge. This unrivalled experience is not to be missed! Not got a team? Don't worry as #teamhelimed29 are looking for crew members to fill our Challenge Boat.



8 SEPTEMBER - GREAT NORTH RUN

Probably the world's biggest and best half marathon, this is now a stalwart in our challenge event calendar. Sign up for one of our charity spaces and join 60,000 runners taking on the 13.1 mile route from Newcastle to South Shields.



29 SEPTEMBER - ROBIN HOOD HALF MARATHON AND MINI MARATHON

One of the most popular city centre road events in the UK, this half marathon is great for both seasoned runners and beginners alike!

We have 30 charity spaces to fill, one for each of our 30 years, so grab your space today!

Children from four-years-old can compete in the Robin Hood Mini Marathon, a 1.5 mile (2.5km) route along the beautiful River Trent, finishing in front of huge crowds in the race village.



FOR MORE INFORMATION ON ANY OF THE ABOVE EVENTS, PLEASE VISIT [AMBUCOPTER.ORG.UK/EVENTS](https://ambucopter.org.uk/events) OR EMAIL [CHALLENGES@AMBUCOPTER.ORG.UK](mailto:challenges@ambucopter.org.uk)

# WELCOME TO YOUR SKY SHOUT



Welcome to this special edition of Sky Shout, marking 30 years of saving lives across Lincolnshire and Nottinghamshire.

I couldn't possibly encapsulate 30 years of work on one page but from where it all began, to where we are now, there's no doubt that your support has been the guiding light.

From being able to help someone only if there was money in the bank to fuel up the old Bölkow helicopter, to responding to an average of four missions each day, we are now a 24/7 service, flying day and night.

The charity is complex with its combination of medicine, aviation and charitable status all working harmoniously together to enable the crew to be by the side of more patients than ever.

Each year, we respond to more missions than the last and we know that there are more lives our crew could save. With that in mind, we are always looking to innovate and explore ways in which we can expand to meet that patient need across Lincs & Notts.

One way we are doing this is with the expansion of our Notts critical care car which you can read about on page 11. And who knows, one day we may be able to raise enough funds to operate more than one aircraft.

The 30th anniversary of this wonderful charity's service to the community is a time for reflection for us all here at LNAA. It reminds us how we must ensure that the charity is by the side of patients for the next 30 years and beyond.

**Your support is what makes it happen now and in the future.**

Thank you.

Karen Jobling  
Chief Executive Officer

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Registered Charity No. 1017501



# MISSIONS

Our crew responded to 404 missions in the first three months of 2024, making it the busiest start to a year ever. During one busy period, they were called to 47 incidents. Road traffic collisions, accidental injuries, agricultural injuries and cardiac arrests were some of the missions they attended in just nine days.



Incidents from 25 February to 4 March responded to by the LNAA crew on board our helicopter and critical care cars.

## SUN 25 FEBRUARY

**10.51am:** Helicopter dispatched to a medical emergency in Lincoln. Crew treat a patient at scene.

**1.38pm:** Helicopter flies crew to a cardiac arrest at a home in Cleethorpes. Patient stabilised and escorted to Grimsby's Diana Princess of Wales Hospital.

**4.06pm:** Another emergency for the helicopter crew as they attend an RTC at Market Rasen, Lincolnshire. Pain relief given to patient at scene before airlifting to Hull Royal Infirmary.

**8.27pm:** It takes 11 minutes to fly to Arnold, Nottingham to attend a patient with head injuries.



## MON 26 FEBRUARY

**10.59am:** Helicopter called to an agricultural injury at Scotter,

Scunthorpe. Crew treat a patient and airlift to Hull Royal Infirmary.



**8.36pm:** Crew on the critical care car attend a cardiac arrest at Newark. Team sedate a patient and administer life-saving drugs before escorting to Lincoln County Hospital.

## TUE 27 FEBRUARY

**7.58am:** Critical care car called to an RTC at Market Rasen, Lincolnshire and crew treat a patient with multiple injuries. Once stable, patient escorted to Hull Royal Infirmary.

**2.53pm:** Crew dispatched to a major RTC near Spilsby, Lincolnshire involving East Midlands Ambulance Service and two neighbouring Air Ambulance crews. Working together, LNAA crew treat two

patients at the scene who are escorted to separate hospitals.

## WED 28 FEBRUARY

**1.30am:** Critical care car transport crew to attend a medical emergency in Lincoln. Patient stabilised and escorted to Lincoln County Hospital.

**9.17am:** Helicopter flies crew to treat a medical incident in Grimsby.

## THU 29 FEBRUARY

**2.58pm:** Notts critical care car tasked to an accidental injury in Nottingham. Patient treated for rib fractures and escorted to Nottingham's Queen's Medical Centre.



**4.52pm:** Helicopter flies crew to Louth to treat a cardiac arrest. Patient stabilised and escorted to Lincoln County Hospital.

## FRI 1 MARCH



**10.06am:** Helicopter called to a cardiac arrest at Spilsby, Lincolnshire.

**10.16am:** 10 minutes later, helicopter responds to another cardiac arrest.

**12.06pm:** Helicopter called to a farming injury near Spalding, Lincolnshire. Team sedate and administer life-saving drugs, then airlifts patient to Nottingham's Queen's Medical Centre.

**1.41pm:** Notts critical care car crew treat a cardiac arrest in Nottingham. Patient intubated and escorted immediately to Nottingham's Queen's Medical Centre.

**4.59pm:** Notts critical care car called again to a house fire at Nottingham. Crew treat a patient for burns and smoke inhalation before

handing to trauma team at Nottingham's Queen's Medical Centre.

## SAT 2 MARCH

**8.29pm:** Critical care car called to an incident in Lincoln.

**11.27pm:** The crew are called to attend a cardiac arrest in Lincoln.

## SUN 3 MARCH

**1.45am:** Critical care car called to an incident near Ollerton, Nottinghamshire. Crew treat a patient for injuries sustained after a fall before escorting to Nottingham's Queen's Medical Centre.



## MON 4 MARCH

**6.52am:** Critical care car called to a multiple RTC near Boston, Lincolnshire. Working with colleagues from East Midlands

Ambulance Service, crew treat three patients who are then transported to Boston's Pilgrim Hospital and Nottingham's Queen's Medical Centre.



**8.45 am:** Critical care car called to an RTC in Grantham, Lincolnshire and treat a patient for chest injuries before escorting to Nottingham's Queen's Medical Centre.

**3.30 pm:** Helicopter called to Skegness to attend the third RTC of the day. Crew treat one patient for injuries and transport them to Boston's Pilgrim Hospital.



## 5+ MISSIONS A DAY

We responded to, on average, 5+ missions a day between January and March.

## 47 INCIDENTS

Our Notts critical care car was called out the most, responding to 17 incidents. Our helicopter and Lincs critical care car crews were both called out to 15 incidents. 25 incidents were in Lincolnshire, 19 in Nottinghamshire, 2 in Derbyshire and 1 in Leicestershire.

## 27 PATIENTS

Our crews responded to 22 medical emergencies, 10 road traffic incidents and 9 accidental injuries. Patients were transferred to 5 different hospitals including Nottingham's Queen's Medical Centre, and Hull Royal Infirmary.

## 9 EMERGENCY ANAESTHETICS

Our crew administered emergency anaesthetics to 9 patients. They also gave blood transfusions to 3 patients.



**YOU CAN KEEP US FLYING AND SAVE LIVES**

CALL 01522 548469 (option 1)  
VISIT [sidebyside.ambucopter.org.uk](https://sidebyside.ambucopter.org.uk)  
or scan this QR code with your smartphone.



# 30 YEARS OF CARING FOR PATIENTS

1994

**A young boy needed LNAA to airlift him to hospital when speed was essential.**



Shaun in LNAA's helicopter

**"If they hadn't flown me to Queen's Medical Centre I probably would have died."**

Six-year-old Shaun's heart stopped beating three times. LNAA ensured he reached a specialist hospital in record time.

Shaun was with his family shopping when he suddenly slipped and banged his head causing a seizure. Doctors at Boston's Pilgrim Hospital fought to stabilise him each time his heart stopped beating.

The two-hour journey by road ambulance from Boston to Nottingham's QMC, was deemed too risky, so Lincs & Notts Air Ambulance was called. In less than 30 minutes, he was safely airlifted to hospital and into Intensive Care.

1998

**James' left arm had to be amputated but the speed which LNAA airlifted him to hospital, gave him the best outcome.**

**"The quick delivery to hospital saved my life. Nothing else compares to what LNAA does."**

James had been harvesting potatoes on a farm near Retford, Nottinghamshire. His arm got caught on the harvester machine and he was pulled into it.

People battled to free him for over two hours. The LNAA doctor administered pain relief and remained by his side the whole time, ready to amputate if necessary.

LNAA flew James to Sheffield's Northern General Hospital within nine minutes, a journey that takes an hour by road. Sadly, surgeons could not save his arm.



James after his accident

2002

**When bike racing goes wrong, the consequences can be devastating.**



Chris and his family

**"The Lincs & Notts Air Ambulance was the link that enabled my life to be saved."**

Chris was an up-and-coming championship racer, competing in his first full season. He was racing at Cadwell Park when his world went black.

Chris crashed at 120mph, flipping in the air, landing 78 metres down the track. His brain hit his skull causing intracranial bleeding, his arm was pulled from its socket and he had no pulse.

LNAA's doctor put Chris into a medically induced coma to prevent further brain damage and allow the clinical crew to take over his breathing. He was then airlifted to Nottingham's Queen's Medical Centre.

2010

**A freak accident changed motorcyclist Neil's life forever.**

**"The speed of the helicopter makes a huge difference to the patient's recovery."**

Neil was with friends, looking forward to Butlin's MCN Live Motorcycle Show. Whilst travelling slowly on his bike to his chalet, he decided not to put his helmet on. He hit a speed ramp, fell backwards and the bike landed on top of him.

Neil suffered a broken collarbone, hand and ribs along with chest, lung and head injuries. LNAA's helicopter was dispatched, and the crew arrived in rapid time, treating Neil with life-saving drugs before airlifting to hospital. Fourteen years later, Neil's memory is still affected and there are things he finds difficult to recall.



Neil on his bike

2016

**Tragedy struck lorry driver John when he was hit by a lorry on the busy A1.**



**"Without the intervention of the Lincs & Notts Air Ambulance, I would have either died or suffered worse injuries."**

John, from Swaton, Sleaford, had left the weighbridge near Ferry Bridge Services to join the A1 south. Sensing a fault with his lorry, he stopped on the hard shoulder near Blyth to investigate. Unfortunately, whilst walking around the lorry, he was struck by another truck.

LNAA arrived within 20 minutes to find John unconscious, suffering from multiple injuries including head and spinal, and two punctured lungs. The crew acted swiftly to stabilise him before airlifting to Sheffield's Northern General Hospital.

2022

**Advanced life support got Andrew's heart beating again.**

**"We will forever be grateful for what everyone did that day."**

When Andrew suffered a cardiac arrest at Grantham Swimming Pool, the LNAA team were by his side within 15 minutes, continuing CPR started by two spectators.

They initiated advanced life support, enabling Andrew's heart to start again. He was anaesthetised, allowing LNAA's clinicians to give the best possible pre-hospital critical care before safely transporting him to the specialist cardiac unit at Lincoln County Hospital.

Andrew was in a coma for four days before having a pacemaker and internal defibrillator inserted.



Andrew and his family meeting the paramedic who saved him



# SIDE BY SIDE



This year, we are celebrating the 30th anniversary of Lincs & Notts Air Ambulance.

Since May 1994, we have responded to over 28,500 missions. It is because of wonderful supporters like you that our crew of pilots, paramedics and doctors have been able to be by the side of seriously ill or injured people for the past 30 years – and it is your continued

Be by our side as we celebrate 30 years of saving lives.

Give **£100\*** to put your name or the name of a loved one on our helicopter and you'll help us be by the side of people who need us.

generosity that will enable us to keep flying in the future. Your support to our life-saving service really is vital.

To celebrate this major milestone – and the amazing contributions of our supporters – you have the chance to see your name, or that of a loved one, on our air ambulance, simply by giving a gift of £100\* or more.

Then every time our crew is called out on a mission, you'll know you're by their side as they work to reach the most seriously ill and injured patients across the whole of Lincolnshire and Nottinghamshire.



"Thank you for your support. A gift of £100\* today will help us save more lives and means we'll be side by side on every mission."

Capt Tim Taylor,  
Pilot, LNAA



## JOIN OTHERS WHO WILL BE BY OUR SIDE

You can choose to put your name on our helicopter, or that of a loved one, like Sheila and Sally have done.



"I have chosen to put my husband Allan's name on the helicopter to say thank you to LNAA for saving his life. Whenever we see the helicopter fly overhead, we will know that it is flying to help save other people in need."

Sheila Gardner, Allan's wife



"Julia volunteered for LNAA for many years. After a short battle with cancer, she sadly died in February. This tribute honours her commitment to the charity that she was so proud to be a part of."

Sally Fields, colleague and friend

## THREE EASY STEPS TO BE BY OUR SIDE – AND WE WILL DO THE REST!

1

### CONFIRM YOUR NAME AND GIFT AMOUNT

- Complete the enclosed donation form and post it back to us in the Freepost envelope provided.
- Or call 01522 548469 (option 1), we're open weekdays, 9am-5pm.
- Or donate online at [sidebyside.ambucopter.org.uk](https://sidebyside.ambucopter.org.uk)

A £100\* gift will help save lives and place your chosen name on our helicopter. You are welcome to donate more. Thank you.



Scan here to donate online.  
Thank you!

2

### KEEP AN EYE ON YOUR INBOX

If you donate online, we will email you confirmation.

3

### SEE YOUR NAME FLYING HIGH WITH Lincs & Notts Air Ambulance

When the campaign is complete, we will email you details of how you can see your name on our helicopter.

\*You can add a name of your choice to our helicopter for a minimum gift of £100. However, we are grateful for gifts of any amount. The LNAA decal with your chosen name on it will be on our helicopter for a minimum of 12 months from date of installation. Terms & conditions apply, please go to [sidebyside.ambucopter.org.uk](https://sidebyside.ambucopter.org.uk)



# OUR PARAMEDICS

Meet our three latest recruits to join our team of paramedics working at the forefront of our Helicopter Emergency Medical Service (HEMS).

## Craig Blair, HEMS Paramedic

"I'm from Washingborough in Lincolnshire originally and throughout my career I always wanted to give HEMS a shot.

It's really rewarding serving the community I grew up in and to feel like we are trying our very best for people through the worst experiences of their lives. With so many challenges facing the NHS at the moment this is one of the few roles where you can really appreciate the opportunity to focus on the patients and delivering what they need.

One of the most amazing things I've experienced was on the return flight from Hull, where we'd taken a seriously injured motorcyclist. We flew back over Lincoln, around the cathedral, just as the sun was setting and it was just really something, looking out over the city I grew up in. It sounds clichéd but I felt quite fortunate in that moment to be in this role, especially knowing that we'd made a difference to the patient we'd just seen. We'd been able to give him blood transfusions on scene and were able to get him to hospital quickly.

Sadly, it's a fact that given we attend so many severely unwell patients, we can't save them every time but it's such a great feeling when we can make that difference to their outcome.

The team here are so passionate and driven to continue to improve which is actually quite inspiring."



## Lucy Tyrrell, HEMS Paramedic

"I studied paramedic science at the University of Greenwich and started my career as a paramedic in Kent. I undertook extra studies in pre-hospital medicine, inspired by the extra level of care, critical care teams can give to patients on-scene.

I have moved up to Lincoln to work with LNAA and it's lovely because I am living closer to my family now.

***"The best thing about the role is the constant drive to be and do better for patients. We are learning and growing together and it's truly a team effort to provide cutting edge, holistic care for patients and their families, during and after an incident."***

I feel privileged to be trusted to help people in need. But I think that our volunteers and supporters are some of the most impressive things about the charity. We don't fly without these fundamentals and I've been inspired more than once by stories of individuals who, even in the face of adversity, have given back to the service."



## Jacob Allison, HEMS Paramedic

Jacob moved around a lot as his father was in the RAF and spent many years in Lincoln and the surrounding area, attending school in Sleaford and later attending Lincoln College.

Jacob had always strived to learn by working with the best clinicians and in December 2023 he joined the crew at LNAA.

***"It is a privilege being able to come to work and fly in a state-of-the-art helicopter, train to a high level of expertise and help the most unwell patients."***



## NOTTS CAR EXPANSION

Our Notts critical care car which was introduced in 2020 in response to patient need, is now responding to missions seven-days-a-week.

Our critical care car was brought into service after clinical data showed that there were more patients in the Notts area in need of critical care. To begin with, the car covered Thursday to Sunday which at the time were the busiest days.

Since its launch, the car has been tasked to more than 1,377 missions. As missions increase, and as many of the incidents we are called to in Nottinghamshire are in built-up areas where it is difficult for our helicopter to land, the demand for the critical care car is higher than ever.

Thanks to your support, we have been able to increase the service and reach more patients than ever.

**The car will be in Nottingham and the surrounding areas between 7am and 7pm Monday to Thursday and from 7pm to 7am, Friday to Sunday. The doctor and paramedic team on board, will carry all of the same life-saving equipment that is on the helicopter.**

Allan Gardner knows how vital the Notts critical care car is to residents in the county.

In February 2024, Allan (71) climbed the roof of his conservatory at his Hunger Hill Allotment to replace damaged panels, when suddenly he slipped, falling

through the deteriorated Perspex and landing on his back.

Allan said: "The pain was excruciating in my back and chest and I could hardly breathe, every time I tried to move, the pain would shoot through my body."

His injuries were so serious that LNAA was called immediately. Within 16 minutes the Notts critical care car arrived, and the doctor and paramedic were by Allan's side, providing life-saving emergency care.

**Allan sustained 10 broken ribs, a collapsed lung and spent three weeks in Nottingham's Queen's Medical Centre.**

He believes if the crew had not arrived so quickly in the critical care car, the outcome may have been different.

***"They saved my life. The response from LNAA is quick and the doctors and paramedics can get to you quickly and sort you out before you get to hospital."***



Allan meeting Matt one of our HEMS Paramedics



# A HELIPAD, A LANCASTER AND A KOOKABURRA



On 12 May 1944, a rather special Lancaster Bomber returned to its site at RAF Waddington celebrating its 100th mission. Eighty years later it is believed LNAA's helicopter resides on that same site, celebrating its 30th birthday.

When LNAA moved over the fence from RAF Waddington to our new HQ, we needed a name for the helipad.

LNAA pilot, Capt Tim Taylor began to investigate the history of the old aircraft dispersal site which we had built our new helipad on and soon realised he had uncovered a fascinating story...

## The Kookaburras

No. 467 Squadron was a Royal Australian Air Force bomber squadron based at RAF Waddington.

Equipped with Avro Lancaster bombers, its crew flew operations in Occupied Europe until the end of the Second World War.

The squadron's insignia was of a kookaburra with a snake in its beak and its motto – Recidite Adversarius Atque Ferociter, loosely translated as: "Your opponents will retreat because of your courageous attack".

And the squadron, which was part of the No. 5 Group, Bomber Command, certainly lived up to its motto as it gained a reputation for accurate raids on Germany, France and Italy between 1943 and 1945.

Every Lancaster Bomber in the squadron had its own dispersal site. These were areas adjacent to the airfield runway used for parking in widely separated positions to protect them from enemy air attacks.

Today, LNAA's helipad is on one of these dispersal sites. After discussions with RAF Waddington, LNAA was given permission to call the helipad Kookaburra in homage to the crews who operated from here before us.

## A VERY SPECIAL AIRCRAFT

On the night of 11 May 1944 a Lancaster Bomber embarked on its 100th mission, the first allied bomber to reach this milestone.

Martin Willoughby tells the story of his father's involvement on the night the Lancaster made history.

"My late father, Ted, a Bomber Command veteran, and Lancaster Engine Fitter served on the 467 Squadron's famous Lancaster S-Sugar R5868.

"The plane's nose art depicted rows of bombs, one for each operation completed. Over the course of the war, the rows grew as Sugar consistently returned from each mission.

"Flying with Bomber Command had the highest rate of attrition of any branch of the Armed Forces. If you survived, you were deemed incredibly lucky as 3,932 of the 7,377 Lancasters built were lost in action. Crews were superstitious and soon started to clamour to fly in Sugar, believing that she would bring them safely home.

"One day, when Ted was working in the cockpit, with the aircraft being loaded with bombs, he heard the sound of heavy metal hitting tarmac. Looking out, he saw airmen running in all directions. A 4,000lb bomb had fallen from the bomb bay but miraculously had not gone off!

"On 11 May 1944, Sugar left its dispersal site to undertake its 100th mission. Prior to loading the bombs, Ted chalked '100 not out' on one of them.

"Sugar went on to complete an incredible 139 operations by the end of the war.

"During the mid-1960s Ted embarked on his own mission to find his beloved plane. In 1969 he heard about a Lancaster stood at the entrance to RAF Scampton that may be Sugar. Turning into the gates, the familiar nose art with the bombs came into view. Ted could not believe it! His Lancaster had survived everything, even the scrapyard, where so many Lancasters went to after the war.

"Thanks to Ted, 'Sugar' was fully restored and today, this legend from WW2 proudly dominates the entrance to Bomber Command Hall, RAF Museum Hendon."



Ted Willoughby and the 467 Squadron

*"Sugar returned. It had sustained attacks from two German planes for 10 minutes but co-operation between crews in the skies enabled this veteran plane to escape."*



# KNITTING UP SUPPORT FOR Lincs & KNOTTS AIR AMBULANCE

As part of our 30th anniversary celebrations, we are calling all nifty knitters to join together and create the largest yarn bomb ever seen!

We want to cover Lincolnshire and Nottinghamshire with hundreds of yellow helicopters and spread the message about our life-saving work. And we need knitters and crocheters to help create this mammoth masterpiece.

There are three ways people can take part. Individual knitters can create a single mini helicopter and display it in a local shop, pub, church, or other community space. For more adventurous knitters, just let your imagination soar and design a unique, eye-catching postbox topper, but don't forget to include a yellow knitted helicopter!

The ultimate challenge is to yarn bomb your community and join forces with fellow knitters to create a cornucopia of colour.

LNAA's Volunteer Manager, Kate Kerrigan said: "This is a fabulous way to support the life-saving

work of Lincs & Notts Air Ambulance from the comfort of your own home. With your help, we are looking to cover Lincolnshire and Nottinghamshire with thousands of miniature helicopters."

It is so easy to get involved. Just grab your knitting needles and some yellow yarn and register your interest at [ambucopter.org.uk/knitting](http://ambucopter.org.uk/knitting). We will then send you your knitting pattern which designer Amanda Berry has kindly allowed us to use, as well as lots of information to help you.



## HAVE YOU SPOTTED A HELI?

From 11 June, these knitted helicopters will be landing in every corner of Lincs and Notts. When you see one, email us at [media@ambucopter.org.uk](mailto:media@ambucopter.org.uk) and we will log it on our 'Heli Tracker'. Or, snap a pic and post on your social media, remembering to tag us (usernames on bottom of page 15).

# NEW PODCAST FLIES IN FOR 30<sup>TH</sup> CELEBRATIONS

We are excited to unveil our first podcast series, *By Your Side*, taking listeners to the heart of our life-saving work.

Hosted by former BBC Radio Lincolnshire presenter, Melvyn Prior, *By Your Side* will be released monthly with each 20-40 minute episode immersing listeners into the busy life of Lincs & Notts Air Ambulance.

The podcast series will take you behind the scenes of some of LNAA's memorable achievements over the last 30 years and share insights from crew, past and present. Former patients will tug the heartstrings as they

share their heartfelt stories and the impact LNAA has had on their lives.

To launch our Podcast, Melvyn chats with CEO, Karen Jobling and Thirza Dixon, LNAA's first Fundraising Manager. Together they reminisce about those early days when LNAA only flew if funds were available and compare how far our charity has come since the first mission on 13 May 1994.



Melvyn Prior

**BY YOUR SIDE WILL BE AVAILABLE FOR FREE ON SPOTIFY AS WELL AS OTHER MAJOR STREAMING PLATFORMS. MORE DETAILS: [AMBUCOPTER.ORG.UK/PODCAST](http://ambucopter.org.uk/podcast)**

# OUR FUNDRAISING HEROES

## DOCKS BEERS

To celebrate our 30th anniversary, Docks Beers, an independent brewery based in Grimsby, has crafted a limited-edition beer in aid of Lincs & Notts Air Ambulance.

HELIHOPTER, a gold and hoppy craft beer, will be available in pubs across Lincolnshire and Nottinghamshire from 13 May 2024 – the 30th anniversary of our first mission. For every cask sold, Docks Beers will donate £5 to LNAA.

The Docks crew aren't stopping there though. In June they are taking on the Yorkshire Three Peaks challenge in aid of LNAA. And they will be hosting our community team at DocksFest, a music festival held at the Meridian Showground, Cleethorpes on Saturday 6 July.



LNAA's Dr Nick Tilbury and Corporate Partnerships Manager, Joe Harper with the Docks Beers team

Kate Douglas from Docks Beers said "A member of our team recently had first-hand experience of LNAA when her stepfather's life was saved by the crew, so this charity is close to our hearts".

## TRENTBARTON

Bus operator, Trentbarton, has announced that it will support LNAA during 2024 and 2025. **The staff will raise cash in a variety of ways, including events and its Namesake programme, where people can donate money to have a bus named after a loved one.**

Trentbarton's Scarlet McCourt said: "It's great to be raising these vital funds for Lincs & Notts Air Ambulance once again, having originally worked together in 2015 as charity partners.

"We're so happy to see them receiving so many votes from both our customers and team, and we can't wait to get going."



## RORY STEPS OUT FOR LNAA

LNAA's Events Manager, Georgia Watson's six-year-old son, Rory, walked over 30,000 steps during February's *By Your Side* challenge.

Lincs & Notts Air Ambulance is a special charity to Rory as he knows they came to help his grandad, John, in 2021 when he sadly died from a cardiac arrest.

"Rory loves a challenge and so I signed him up and he started fundraising, sharing his fundraising page link with family and friends!

"Rory covered over and above his required 10,000 steps a day, with most days reaching almost 15,000

steps! He raised an amazing £347 and is very excited that he is in the top 10 fundraisers who will be invited to HQ for a behind-the-scenes tour to learn more about LNAA's life-saving work.

A mega thank you to Rory and the other 46 supporters who walked or ran 10,000 steps every day for our *By Your Side* challenge, despite February being one of the wettest months on record. Together they raised £5,500 for LNAA.





# 30 YEARS OF CARING FOR LINCS & NOTTS



LINCS & NOTTS  
AIR AMBULANCE

# 30

YEARS

1994 - 2024

1994



How we started

2024



How we continue today

1991

Board of  
Trustees formed

crew of 4 – pilot,  
doctor and two  
paramedics

commences,  
allowing blood  
transfusions  
at scene

July

Arrival of next  
generation AW169  
helicopter

1994

13 May

First airlift in our  
Bolkow helicopter

2008

March

10,000th mission

2020

Feb

Turf cut for new  
home off A15,  
near Bracebridge  
Heath, Lincoln

September

Official opening of  
new HQ by HRH  
Prince Edward,  
Earl of Wessex

1995

March

A 2-year  
sponsorship deal  
with Lincolnshire  
Standard allowing  
LNAA to fly 365  
days a year

2013

September

15,000th mission

March

Crew receive PPE  
and continue to  
work through  
COVID-19

2023

December

LNAA busiest  
year with 1,771  
missions

2000

Upgraded  
helicopter –  
MD902 Explorer  
able to carry a

2017

June

Arrival of first  
Agusta Westland  
169, a top-of-  
the-range HEMS  
aircraft offering  
head-to-toe  
access to patients

September

Notts critical care  
car launched

2024

May

LNAA celebrates  
30th birthday

2021

April

LNAA moves  
to new HQ

September

Blood on board

BEACHSIDE. ROADSIDE. COUNTRYSIDE. BY YOUR SIDE.